

Sample Weekly Activities Calendar

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday


Saturday

Morning

Daily News discussion



Pet Therapy




Daily News discussion




Reminiscence Activities - items & photos




Daily News discussion




Nature walk




Pet care




Daily News discussion




Chair-based exercises




Daily News discussion




Bake and taste



Daily News discussion



Fun exercising with the parachute



Daily News discussion



Crafting



Afternoon

The Great Outdoors!



Nature walk & wildlife watch



Gardening

Fun exercises



Pet Therapy



Pamper & Relax



Cookery class



Nature walk & wildlife watch



Pet Therapy




Music therapy




Cookery class



Chair-based exercises



Movie Matinee



Group singalong




Bake and taste




Evening

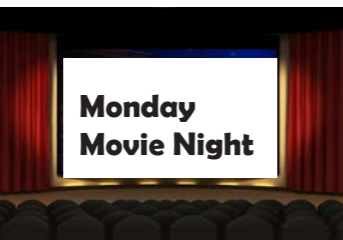
Entertainer




Our favourite music




Monday Movie Night



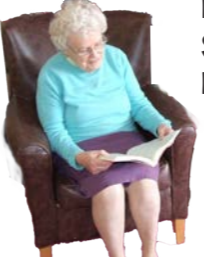
Crafting



Our favourite music



Poetry & Story Reading



Television Reminiscence Night



Group singalong



Reminiscence Activities - items & photos



QUIZ NIGHT



Hot Chocolate & marshmallows



Television Reminiscence Night

